

Event Registration:

8 - 9:45 am on April 13, 2019

Place: Richfield VFW - Lake St,
Richfield Springs, NY 1/8 mile South
of Route 20

RACE START TIMES

9:30 am - Kids "Little Loop" 9:45 am -
10K, and 10 am- 5K and 2 mile walk

REGISTRATION FEES

Kids "Little Loop" Registration Fee:
FREE Rewards for all Little Loopers

Run or Walk Registration Fees for Adults and Students:

Pre- Registration (postmarked on or
before 4/13/19): \$25 Day of Race: \$30

AWARDS

- Tech-shirts to the first 75 entrants
(5K/10K & 2mi)
- Trophies - overall male/female
(5K/10K)
- 1st - 3rd place awards for age groups
up to 80-89 (5K/10K)

Register online at www.runsignup.com
or mail check and application to Bill
Kosina, 1434 County Highway 25,
Richfield Springs, NY 13439

RSCC RUN/WALK APPLICATION

Name: _____

Age (on 4/13/19): _____

Gender (circle one): M F
Course Type (circle one): 10K Run
5K Run 2 mile Walk "Little Loop"

Address: _____

Email: _____

Amount: _____

T-Shirt (circle one): Small Medium
Large XL

WAIVER In consideration of acceptance
of this application, I, the undersigned,
intending to be legally bound, hereby, for
myself, my heirs, executors, administrators,
and assigns waive any and all rights and
claims for damages I may have against the
Richfield Springs Community Center, their
representatives, and successors for any
and all injuries suffered by me at the races
to be held in Richfield Springs, on **April 13,**
2019. I verify that I am physically fit and
have trained sufficiently for the competition.

Signature _____

Date _____

Guardian (under
18) _____

-

Date _____

Please make checks payable to:
"RSCC" Mail check and applications
to: Bill Kosina

ABOUT THE COURSE

The open 10K is a hilly course with its challenge at the start. The 5K is an “out and back” on rolling hills. The 2 mile Walk starts on Lake Street and proceeds “out and back” Cemetery and Butternuts. The kids “little loop” is approx. 1/2 mi. total (out and back), starting and ending at the start/finish line with ribbons given.

THANK YOU TO OUR SPONSORS! We are proud to be part of the

Route 20 Road Challenge!

Visit www.nyroute20.com for more information.

Questions? Contact Bill Kosina
315-749-3286 jabkos@verizon.net
Home of The Zone Youth
Program



April 13, 2019

5K, 10K 2 Mile

Walk and Kids

“Little Loop”

ZONE RUN & WALK

**New: Free draft beer/
soda or bottled water** for
every registered
runner/walker

