



Proceeds to Benefit the
Eaton Fire Dept
&
The Stephanie Baron
Memorial Fund



23rd Annual
EATON 5K
Run/Walk
October 17, 2020

9:30 am

Entry fees:

- \$20 postmarked on or before October 10th
 - \$25 after October 10th and on race day, 8am - 9:15am
 - T-Shirts for **preregistered runners**
- No shirts guaranteed after October 10th

Course:

Mainly Flat, with a few rolling hills.

Directions:

From Syracuse-Rt. 92 to Caz, Rt. 20 East to Morrisville, Right at Light, Eaton St. to Eaton, Left on Rt. 26, Left on Mechanic St. to Firehouse
From Utica-Rt. 12B to Rt. 20, Rt. 20 West to Rt. 26, South to Eaton, Right on Mechanic St. to Firehouse.

**NO DOGS ALLOWED ACCORDING TO INS. RULES
REGISTRATION LIMITED TO 50 PARTICIPANTS (MASK REQUIRED)**

Parking:

Fireman's Field - Brooklyn St.

For more information or to register call:

Craig North (315) 825-5691

E-mail: southof20@yahoo.com

Trophies to top male and female finishers overall.

Ribbons for 1st, 2nd, and 3rd place in each age group.

Age Groups:

14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+

***Course Records:**

Male---Mark Seigers
16:32 (2011)

Female---Celia Alterio
19:01 (2011)



**Register by mail
by October 10th
or on raceday from 8am-9:15am**

Make Checks payable to
Eaton 5K Run/Walk
Mail form and entry fee to:

Eaton 5K Run/Walk
c/o Craig North
2277 Church Rd.
Hamilton, NY 13346

Phone: (315) 825-5691
E-mail southof20@yahoo.com

Name _____

Address _____

Phone/E-mail _____

T-Shirt Size S M L XL

Gender _____ Age on Raceday _____

Disclaimer:

I, the undersigned, accept full responsibility for myself and for any injuries I may incur during this race. I understand that physical exertion is inherently dangerous. Risks include, but are not limited to my own medical and physical conditions, motor vehicle traffic, road surface conditions, and weather. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the volunteers of this race, the Eaton Fire Dept., the Eaton 5K Run, and the town of Eaton, and anyone involved with this race.

Signature _____ Date _____

Parent's Signature (If under 18) _____ Date _____

Emergency Contact (name and phone) _____